

THE RAMSEY BOARD OF HEALTH PRESENTS

# CONCUSSIONS

AN IMPORTANT AND TIMELY TALK BY

**ANGELA D'ALESSANDRO, MD**



**Dr. D'Alessandro's talk will be especially pertinent to parents and coaches of children who are active in sports, "play hard," are accident-prone or otherwise at risk of head injuries. The talk will cover pre-concussion testing, symptoms, what to do on the sidelines, recommended treatment, post-concussion brain rest as well as "2<sup>nd</sup> impact syndrome" and its possible long term effects.**

*In easily understood language!*

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**APRIL 27 AT 7 PM  
RAMSEY PUBLIC LIBRARY**

**Dr. D'Alessandro (AKA Ann Les) is a Board-certified, Columbia-trained specialist in Pediatric and Adult Physical Medicine and Rehabilitation. She is affiliated with Valley Hospital, Columbia Presbyterian Medical Center, Columbia Campus, and Center for Discovery, Monticello, NY. She is also a Ramsey resident and a member of the Ramsey Board of Health.**